



Jinho Jiu-Jitsu Academy

682-477-2232 www.tkdbjj.com

Effective Date : Oct 9, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
By Appointment Private Lesson					
				10:00am Jiu-Jitsu All level	10:00 11:30am Open Mat
4:00 Kids Taekwondo	4:00 Kids Taekwondo	4:00 Kids Taekwondo	4:00 Kids Taekwondo	4:00 Kids Jiu-Jitsu Competition Team	Private lesson
4:45 Kids Jiu-Jitsu All Level	4:45 Kids No-Gi Jiu-Jitsu	4:45 Kids Jiu-Jitsu All Level	4:45 Kids Jiu-Jitsu All Level		
5:30 Kids Jiu-Jitsu 8 & under	5:30 Little Badgers 6 & under	5:30 Little Badgers 6 & under	5:30 Little Badgers 6 & under		
6:10 Jiu-Jitsu Fundamental	6:10 Teens & Adults Taekwondo	6:10 Jiu-Jitsu Fundamental	6:10 Teens & Adults Taekwondo		
7:00 Jiu-Jitsu All Level	7:00 No Gi Jiu-Jitsu	7:00 Jiu-Jitsu All Level	7:00 No Gi Jiu-Jitsu		

Class Description

- **Private Lesson - By Appointment**
- Little Badgers (Ages 3-6)
- Kids (Ages 7-13)
- Teens & Adults (Ages 13 and Up)
- No Gi Jiu-Jitsu (School Rash Guards are Required)
- Kids Jiu-Jitsu Competition Team (Invite only)